

CLASSIC

FEBRUARY 2018 AEROBICS SCHEDULE

<u>DAY</u>	<u>TIME</u>	<u>CLASS</u>	<u>INSTRUCTOR</u>
Monday	9:00AM	Interval Cardio	Becky
	10:00AM	Body Sculpting	Laura
	6:00PM	Yoga	Melissa
	7:00PM	Strong by Zumba	Leslie
Tuesday	8:30AM	Body Sculpting	Laura
	9:30AM	Yoga	Melissa
	5:30PM	Fit to Fight	Kelly
Wednesday	9:00AM	Super Circuit	Becky
	5:00PM	Glutes & Core	Carley
	6:00PM	Zumba	Marie
	7:00PM	Yoga	Melissa
Thursday	9:00AM	Energize & Tone	Samantha
	5:00PM	Muscle Mayhem	Kelly
	6:00PM	Yoga	Melissa
	7:00PM	Strong by Zumba	Leslie
Friday	9:00AM	Body Sculpting	Laura
Saturday	9:30AM	Zumba Toning	Marie
	10:30AM	Strongest You	Carley