



MAY 2019 CLASS SCHEDULE

<u>DAY</u>	<u>TIME</u>	<u>CLASS</u>	
Monday	9:30AM	Interval Cardio	Becky
	5:30PM	Yoga	Melissa
	6:30PM	Total Body Toning	Leslie
Tuesday	9:30AM	Yoga	Melissa
	5:30PM	Body Burn	Carley
Wednesday	9:30AM	Super Circuit	Becky
	5:30PM	Hump Day Pump	Carley
	6:30PM	Zumba	Marie
Thursday	9:30AM	Yoga	Melissa
	5:30PM	Strong	Leslie
Friday	9:30AM	Body Sculpting	Laura
Saturday	8:30AM	Yoga	Melissa
	9:30AM	Zumba Toning	Marie